

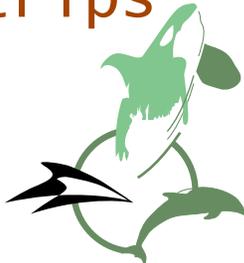
"Make this a very special and memorable Fall, at the Boys and Girls Clubs of San Dieguito!"



# special field trips

... for the Fall-2006 term:

- Disneyland
- Knott's Berry Farm
- Sea World
- various San Diego museums



## Registration

Please return this completed form to  
Boys and Girls Club of San Dieguito- Solana Beach  
(or La Academia)



member's name: \_\_\_\_\_ age: \_\_\_\_\_

address: \_\_\_\_\_

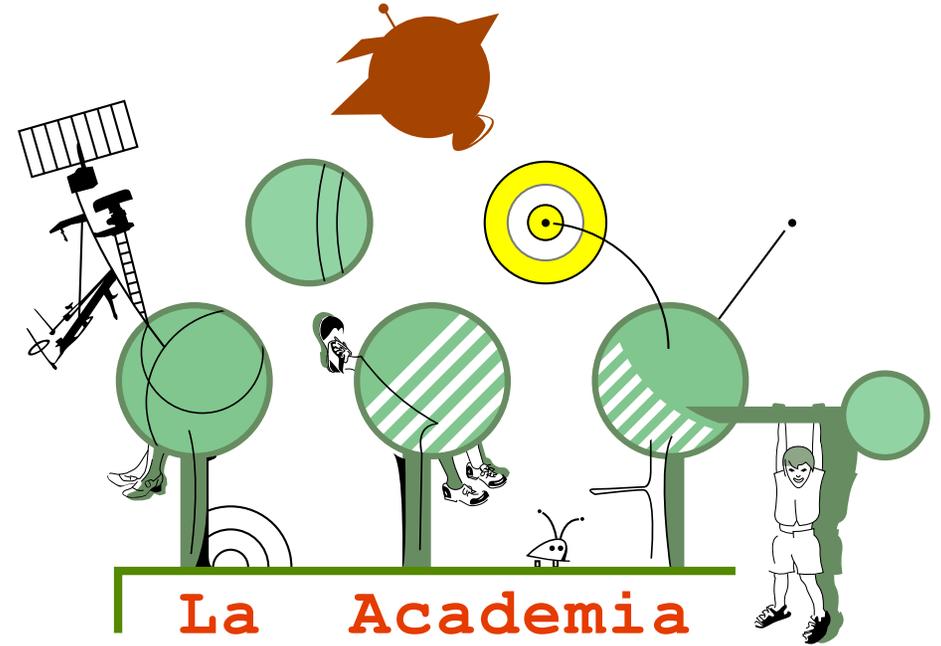
city: \_\_\_\_\_ zip code: \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

parent's signature: \_\_\_\_\_ date: \_\_\_\_\_

If you have any questions, please contact:

Raúl Castillo; 858-414-4923



# La Academia

@rt + technology

## a Learning Center

... part of:



Boys and Girls Clubs of San Dieguito

715 Valley Avenue (La Colonia Park)

Solana Beach, CA 92075

858-414-4923

learning@bgcsdto.org

Monday to Friday, 3-6 pm

# what we offer

## ● Educational & Career Development

Allows for members to become proficient in fundamental educational disciplines, establish goals, explore careers, prepare for graduation/ employment, and delve into the effective use of technology.

## ● Character & Leadership Development

Allows teens to effect influence on their club and community, while establishing positive relationships, developing positive self-esteem, and positive character attributes.

## ● The Arts

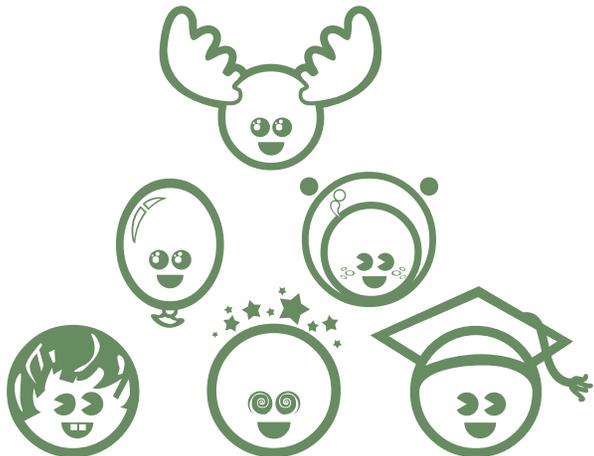
Allows boys and girls to develop their creativity and knowledge through an appreciation of visual arts, crafts, theater, and creative writing.

## ● Health & Life Skills

Young people develop a healthy and positive concept of 'self', optimistic personal worth, and a sense of hope for the future.

## ● Sports, Fitness & Recreation

We develop physical aptitude, effective use of leisure time, and skills for stress control, appreciation of our environment, and social aptitude.



# programs



**Power Hour** (Monday-Friday 3-4 pm) ages: 6-18

A comprehensive program that offers tutoring and homework help. Power Hour is designed to raise the academic proficiency of all club members.

**Graduation Goals** (Monday 4-5 pm) ages: 6-15

This is a program that teaches members to establish and complete goals. The program introduces sensible academic goals that boys and girls can achieve through the academic year, establishing a firm connection between future aspirations and today's concrete actions. Members establish an action plan, including daily and weekly goals that lead to both short and long-term academic benefits.



**Torch/Keystone Club** (Thursday 4-5 pm) ages: 9-18

A chartered small-group leadership program targeted to youngsters 11 to 13, forming part of some 700 Torch Clubs across the country. Members elect officers and plan and implement their own activities and community-service projects.

**Multimedia/ Art** (Monday-Thursday 4-6 pm) ages: 9-15

Young people are encouraged to create artwork in several categories (pencil drawing, pastels, watercolors, oil or acrylic, print making, mixed media, collage, sculpture,...). Creativity is encouraged through local, regional, and national exhibits. Internet security and safety are highlighted, through our special NetSmartz software.

**Health & Life Skills** (various times) ages: 6-15

These initiatives help youths achieve and maintain healthy, active lifestyles. Categories in this program include 'Smart Moves', 'Smart Girls', and 'Kids in Control'.



**Sports, Fitness & Recreation** (various times) ages: 6-15

Games for the mind, body, and soul. This is a health and wellness program designed to empower young people to make informed decisions about their physical, mental, and social well-being.

