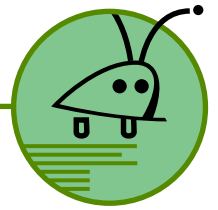


*"We are an organization dedicated to provide POSITIVE activities, to develop the education, self-esteem, and character of youth"*



## Fall 2006; we welcome you!

'La Academia' is a special afternoon program held Monday through Friday at the Colonia Park in Eden Gardens (715 Valley Avenue, Solana Beach). It is set up in the same way as the Learning Centers that have been successful for several years (in Solana Beach, Carmel Valley, and La Jolla), and includes their core programs:

### **Power Hour** (Monday-Friday 3-4 pm) ages: 6-18

A comprehensive program that offers tutoring and homework help. Power Hour is designed to raise the academic proficiency of all club members.

### **Graduation Goals** (Monday 4-5 pm) ages: 6-15

This is a program that teaches members to establish and complete goals. The program introduces sensible academic goals that boys and girls can achieve through the academic year, establishing a firm connection between future aspirations and today's concrete actions. Members establish an action plan, including daily and weekly goals that lead to both short and long-term academic benefits.

### **Torch/Keystone Club** (Thursday 4-5 pm) ages: 9-18

A chartered small-group leadership program targeted to youngsters 11 to 13, forming part of some 700 Torch Clubs across the country. Members elect officers and plan and implement their own activities and community-service projects.

### **Multimedia/ Art** (Monday-Thursday 4-6 pm) ages: 9-15

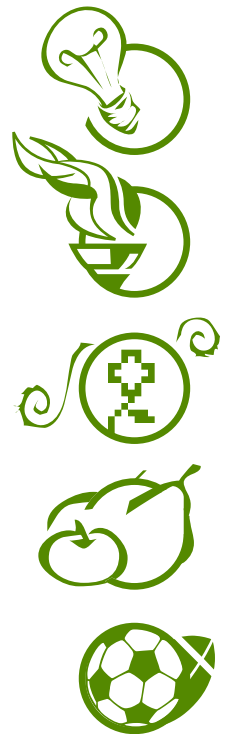
Young people are encouraged to create artwork in several categories (pencil drawing, pastels, watercolors, oil or acrylic, print making, mixed media, collage, sculpture,...). Creativity is encouraged through local, regional, and national exhibits. Internet security and safety are highlighted, through our special NetSmartz software.

### **Health & Life skills** (various times) ages: 6-15

These initiatives help youths achieve and maintain healthy, active lifestyles. Categories in this program include 'Smart Moves', 'Smart Girls', and 'Kids in Control'.

### **Sports, Fitness & Recreation** (various times) ages: 6-15

Games for the mind, body, and soul. This is a health and wellness program designed to empower young people to make informed decisions about their physical, mental, and social well-being.



Learning Centers provide diverse activities that meet the interest of all youth. Core programs engage young people in activities with adults, peers, and family members, which enable them to develop self-esteem and reach their full potential. They are based on physical, emotional, cultural, and social needs/interests of girls and boys, and recognize developmental principles. La Academia also includes a strong multi-language component, allowing all participants to improve their English and Spanish skills. And,... at La Academia, boys and girls will be able to explore the history of the local community, with the help of sound and video high-tech. And,... as part of the Multimedia/ Art program, members of all ages will be able to participate in the special 'all-over-the-place' workshop, which promotes learning of microprocessors (2-inch mini-computers) that can be programmed and put into art objects to make them interesting and interactive.



La Academia remains open during the academic Fall quarter (starting Tuesday, September 18th), except on the following dates:

November 10th (Veterans' Day)

November 23rd-24th (Thanksgiving)

December 25th- January 5th (Winter Holidays)

## La Academia

@rt + teçhnology



Boys and Girls Clubs of San Dieguito

715 Valley Avenue (La Colonia Park)

Solana Beach, CA 92075

858-414-4923

learning@bgcsdto.org

- Educational & Career Development
- Character & Leadership Development
- The Arts
- Health & Life Skills
- Sports, Fitness & Recreation

We provide a walking Program from Skyline Elementary School, that you may register for (please call us before 1 pm if your child will not be utilizing this walkover on any given day). The walkover leaves Skyline promptly 10 minutes after school dismissal.

We will also have field trips to Disneyland, Knott's Berry Farm, Sea World, and various San Diego museums during the school term.

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